

Claims

1. A method of inhibiting, diminishing, reversing, or preventing chronological or environmentally or photoaging of skin including unaged or undamaged skin or partially photo or non-photo aged human skin due to exposure of the skin to light comprising applying electromagnetic radiation to modulate cell activity of the genotype that when expressed produces a phenotype of aging skin, sufficient to inhibit the production of aging-related indications and to stimulate the production and activity of youthful characteristics.
2. The method of claim 1 wherein applying involves exposure of said skin to low levels electromagnetic radiation.
3. The method of claim 1 wherein the said electromagnetic radiation is LED.
4. A sunscreen comprising adjunctive topical or oral systemic agents to prevent or reverse photoaging.